## Scheduling

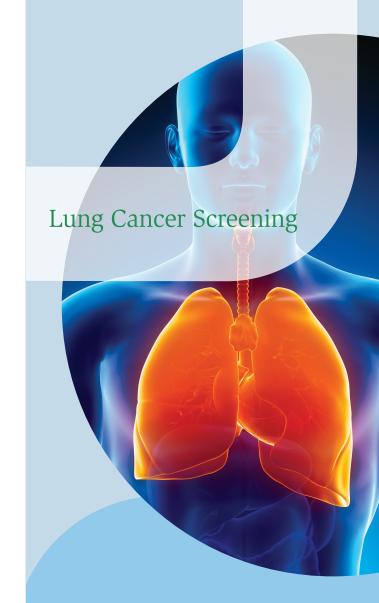
Screening exams may be scheduled with a physician's order by calling (859) 239-1282. Appointments are available Monday through Friday between 8:00 a.m. and 4:30 p.m.

NAME:
PHYSICIAN:
DATE:
TIME:

### Locations

Screening exams may be scheduled at one of four locations:

- ☐ Ephraim McDowell Regional Medical Center, 217 South Third Street, Danville
- ☐ Ephraim McDowell Diagnostic Center, 101 Daniel Drive, Danville
- ☐ Ephraim McDowell Fort Logan Hospital, 110 Metker Trail, Stanford
- ☐ Ephraim McDowell James B. Haggin Hospital, 464 Linden Avenue, Harrodsburg





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217 South Third Street Danville, KY 40422 (859) 239-1000 www.emhealth.org



# Lung Cancer Screening



A study by The National Lung Screening Trial determined that there is a 20% reduction in lung cancer deaths among high-risk patients screened annually with low-dose CT scans of the chest, compared to patients screened with standard chest X-rays.

Ephraim McDowell Health is now offering low-dose CT scans of the chest to eligible patients.

There are no symptoms – Most lung cancers are not diagnosed until they cause symptoms. By then, the cancer has often spread beyond the lungs and becomes much more difficult to treat.

I quit 10 years ago – Congratulations! That was a great move, however, the risk of lung cancer remains with former heavy smokers who quit as long as 15 years ago.

Lung cancer screening – Early diagnosis is the key to treatment and cure of lung cancer.

## Who is Eligible?

- Individuals age 50 to 80
- Twenty or more pack year history of smoking (pack year = packs per day x number of years smoked)
- Former smoker with above history
- Ability to lie on back with arms raised above head

#### **Exclusions**

- History of lung cancer or prior lung resection
- Unexplained weight loss of more than 15 pounds in the 12 months prior to screening
- Recent pneumonia or respiratory infection treated with antibiotics within 12 weeks prior to screening
- Recent episodes of coughing up blood
- Treatment for or evidence of any other cancer in the past five years

## The Exam

A low-dose CT scan is a screening exam that may detect cancer, but there is the possibility of false positive and false negative results. The screening exam may lead to further follow-up imaging or more invasive tests such as bronchoscopy or needle biopsy. The cost for those tests may not be covered by all insurance companies.

The screening exam uses a low dose of radiation. Patients should discuss with their physician the potential risks and benefits of the exam.