

Shelby Price:

My name is Shelby Price, and I am a physical therapist. I've been a physical therapist for about a year now, and I've been with Ephraim McDowell for about nine months. I specialize in physical therapy, which just focuses on the larger movements that your child has. For example, walking, does your child have a problem walking? Are they falling a lot? I help treat that to keep them safe whenever they're moving throughout their environment. If your child is a baby, and they're not meeting their motor milestones on time, if they are having some of those delays, then we can help give your child that extra boost to get them moving and meeting those milestones and keeping up with their same-aged peers.

Some common disorders that I see include cerebral palsy, Down syndrome. I see a lot of kids who walk on their toes, on their tiptoes. We see kids with autism, spina bifida. And then we also just see kids with general motor delays and general weakness. We see some babies that have torticollis and plagiocephaly as well.

Someone should see a physical therapist when they notice that their child is having difficulties standing, walking, climbing, keeping up with their peers, or just general having difficulty accessing their environment because they seem too weak to do so, or they have some sort of motor limitation that keeps them from doing the things that they need to do.

Some of the services that we offer here at Kids Can Do with Ephraim McDowell include physical therapy, occupational therapy, and speech therapy. We also have a lactation consultant here on staff. A lot of our therapists also do co-treats together. So we'll have a physical therapist or an occupational therapist also doing treatments with a speech therapist to involve the whole child and treat the whole child during their sessions.

One of my favorite things about being a physical therapist here would be the team. It's awesome. Everyone here at Ephraim is amazing, and they work so hard to meet the needs of the families. The other thing that I really love about Ephraim McDowell in my job here is that I really get to make connections with families and with kids, and I get to work with them and build relationships over long periods of time. I feel like I can really help problem-solve with the families, and I just feel like I really get to help.